

# Could it be your eyes?

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*Headache/Migraine*

Reading Problems

Anxiety

Dizziness

TBI/Concussion

*Sinusitis Neck Pain*

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## What Could I Be Experiencing?

You might be suffering from Binocular Vision Dysfunction (BVD). With BVD, one eye sees an image differently (vertical, horizontal or both), than the other eye. The body corrects this by overusing and severely straining the eye muscles, causing the symptoms of BVD which include headaches, anxiety, dizziness, nausea, reading difficulties, neck pain.

## Why Does BVD Often Go Undiagnosed ?

When you go to the eye doctor you are given a standard vision screening. You are tested to determine how well each eye can see (visual acuity). Usually very little time, if any, is spent testing how well your eyes work together as a team (binocular vision). Even if these tests are performed, they only identify major eye misalignments and double vision-they often are unable to find small amounts of misalignment. Any amount of eye misalignment can lead to BVD symptoms. Since BVD may affect up to 70% of adults suffering from persistent headaches, 30% suffering from anxiety, and 30% who have persistent symptoms from a concussion or TBI, it is critical to test for even small amounts of misalignment.



## Signs and Symptoms of BVD

- Headaches/Migraines
- Motion sickness
- Nausea
- Panic attacks (especially while driving)
- Your head “tilts” toward one shoulder
- Neck pain
- Clumsiness (poor depth perception)
- Difficulty walking/balance problems
- Difficulty reading/concentrating
- Convergence insufficiency
- Light sensitivity
- Closing or covering an eye to read
- Anxiety
- Dizziness
- Blurred/Shadowed/Double vision

## What is the solution?

Neuro Visual Center patients undergo a detailed and thorough examination of their vision, including assessment for small amounts of eye misalignment (The Neuro Visual evaluation). Problems with near and far vision and alignment will be corrected using prismatic glasses, resulting in a reduction (or sometimes elimination) of your symptoms.

## How do I find out?

Fill in the easy-to-complete questionnaire at [NVCOFNY.COM](http://NVCOFNY.COM). The Neuro Visual Center will call you with the results and let you know if they might be able to help you with your symptoms.

To find out, visit: [WWW.NVCOFNY.COM](http://WWW.NVCOFNY.COM)  
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